

2017 OUTCOMES SUMMARY



La Amistad
Behavioral Health Services

1650 North Park Avenue | Maitland, FL 32751 | 407.647.0660 | lamistad.com

La Amistad has been serving patients and their families since 1970 with quality, evidence-based behavioral health programs. Our multidisciplinary treatment team includes highly trained psychiatrists, registered nurses, licensed psychotherapists, family therapists, certified recreation therapists and psychiatric technicians trained in Handle With Care techniques. We believe in building healthy communities, which start with healthy individuals, linked through sound relationships to their families, friends, neighbors and peers.

La Amistad Behavioral Health System uses the CQI+ Outcomes Measurement System to monitor outcomes for change in clinical symptomatology and patient satisfaction. We care about ensuring the services we provide result in quality outcomes for our patients.

CYCLE OF TREATMENT SUCCESS



La Amistad’s outcome measures and improvement were examined and compared to similar programs in the CQI+ database. The following data presented includes patients admitted from June 2016 to May 2017.

*FOR QUESTIONS, REFERRALS OR TOURS,
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REFERRAL SOURCE OUTCOMES

La Amistad's team works closely with the professional community for a seamless transition into treatment and at discharge so the patient receives on-going services and support that are important for the recovery process to be successful.

93%
WOULD REFER AGAIN

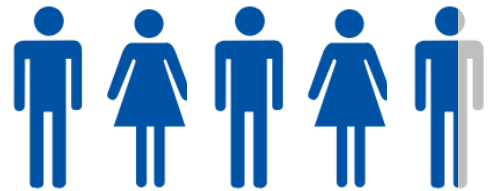
87%
RESULTS OF THE
PROGRAM WERE HELPFUL

90%
PROFESSIONALISM

PATIENT SATISFACTION OUTCOMES



4.7 OUT OF 5
OVERALL CHILD/ADOLESCENT
SATISFACTION

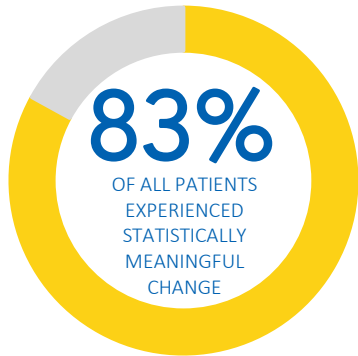


4.7 OUT OF 5
OVERALL ADULT SATISFACTION

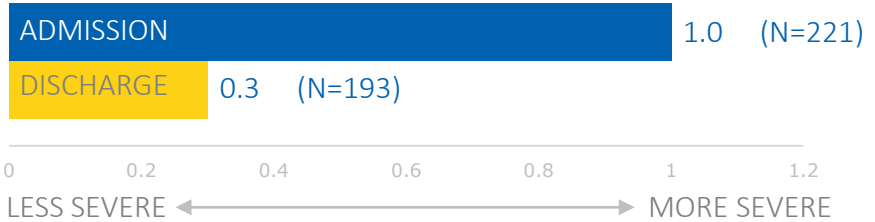
96% of all patients would recommend this facility to someone needing treatment.

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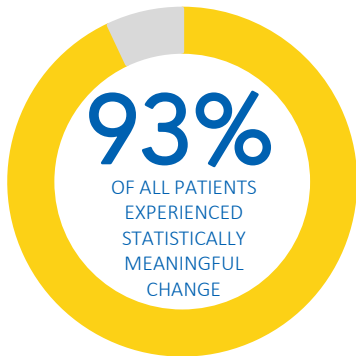
ADOLESCENT RTC PROGRAM



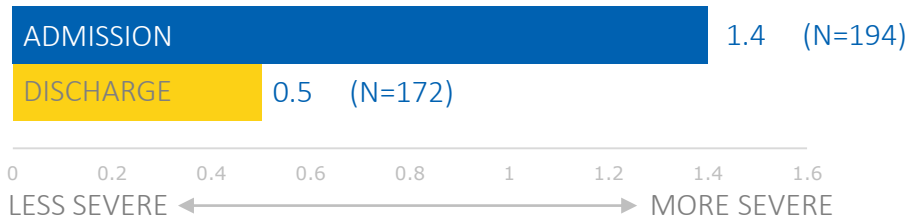
CABA-Y



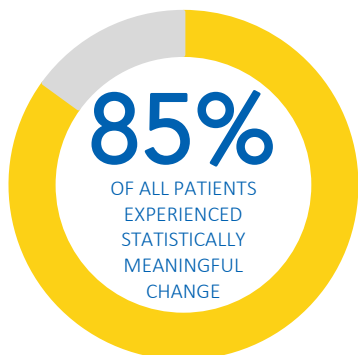
Child and Adolescent Behavioral Assessment Youth (CABA-Y): A questionnaire to assess problem behaviors based on patient responses. The total scores range from 0 to 3, with higher scores indicating greater severity. Change scores range from -3 to +3, with higher scores indicating greater improvement. 83% of patients showed statistically meaningful improvement.



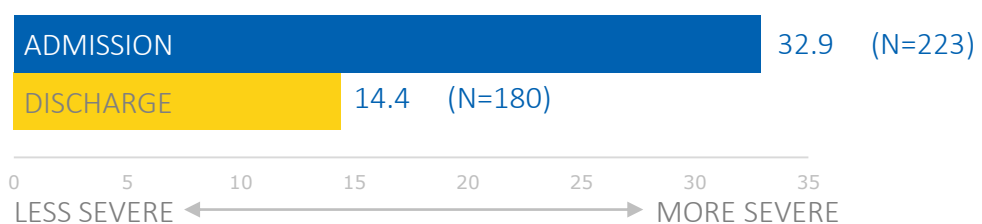
CABA-I



Child and Adolescent Behavioral Assessment Informant (CABA-I): A questionnaire to assess problem behaviors based on informant responses. The total scores range from 0 to 3, with higher scores indicating greater severity. Change scores range from -3 to +3, with higher scores indicating greater improvement. 93% of patients showed statistically meaningful improvement.



BPRS-C9



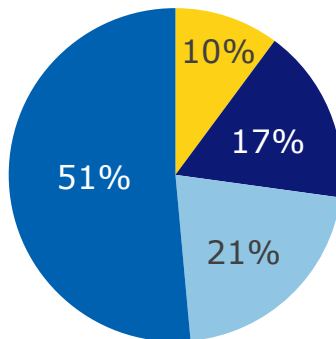
Brief Psychiatric Rating Scale for Children (BPRS-C-9): A clinician's rating of the level of severity of a patient's functioning and symptoms. Total scores range from 0 to 54, with higher scores indicating greater severity. Change scores range from -54 to +54, with higher scores indicating greater improvement. 85% of patients showed statistically meaningful improvement.

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ADOLESCENT RTC PROGRAM

DIAGNOSTIC COMPLEXITY

51%
of the patients we treated had four or more diagnoses.



(N = 278)

- One Diagnosis
- Two Diagnoses
- Three Diagnoses
- Four or More Diagnoses

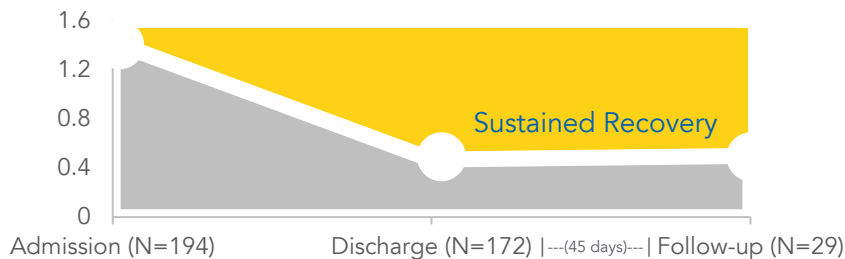
La Amistad Behavioral Health Services' Adolescent Residential Treatment Program, for adolescents ages 12 through 17 (6th grade through 12th grade), is a comprehensive program to re-establish healthy adolescent behavior while developing a successful transition back into the family, home, school and community. This program based out of our facility in Central FL, is designed to deal with adolescent behavioral health issues and educational needs. We place emphasis on helping the adolescent identify their emotions and correct the actions that have created problems. Through this discovery process, adolescents learn to accept responsibility for their behavior and develop healthy modes of interaction with others. A behavioral program and level system reinforce positive feedback and encouragement for progress.

The Adolescent Program is offered as a residential or partial hospitalization (day treatment) program. This program serves individuals with serious behavioral, emotional, family, school and social problems. Typical problems treated include:

- Bipolar disorder
- Dual diagnosis (substance abuse)
- Behavioral disorders
- Sexual/physical abuse
- Trauma
- Depression
- Schizophrenia
- Personality disorders
- Anxiety
- School issues
- ADHD

Strong family involvement is recommended; encouraged through family therapy, frequent visits, telephone calls or video conference. Conference calls with the facility staff, adolescent and family enhance work with geographically distant families. In addition, there is a monthly Family Day that includes parent education groups, multi-family discussions, nursing education, therapeutic recreational activities and school principal conferences.

POST-DISCHARGE OUTCOMES



48%
of patients that completed a discharge and follow-up CABA-I form reported no decline since discharge.

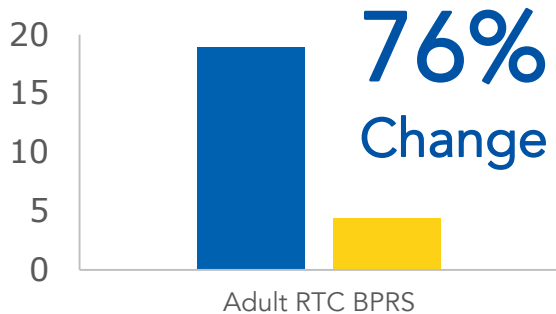
The 45-day follow-up average scores for the Child/Adolescent RTC program CABA-I are shown below along with average admission and discharge scores for comparison. The BPRS and the BPRS-C are clinician rated forms and are not completed during 45-day follow-up phone calls. The difference between the discharge score and the follow up score is statistically significant ($p= 0.041$). Patients tend to maintain the majority of their improvement as measured by the follow-up CABA scores.

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ADULT RTC PROGRAM

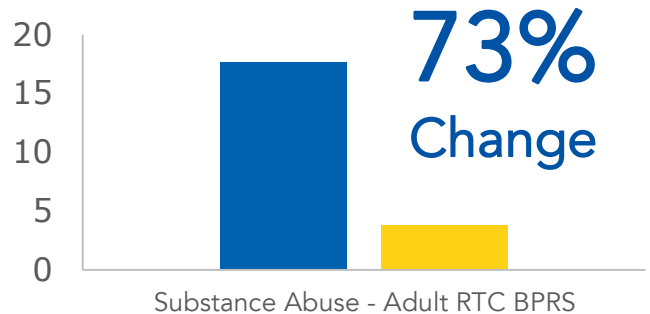
SYMPTOM REDUCTION

Brief Psychiatric Rating Scale (BPRS): A clinician's rating of the level of severity of a patient's functioning and symptoms. Total scores range from 0 to 108 with higher scores indicating greater severity. Change scores range from -108 to +108, with higher scores indicating greater improvement.



■ Admission (N=430) ■ Discharge (N=390)

76% improvement in symptoms and functioning as evaluated by the clinician.

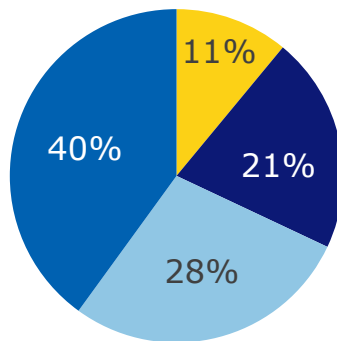


■ Admission (N=130) ■ Discharge (N=114)

73% improvement in symptoms and functioning as evaluated by the clinician.

DIAGNOSTIC COMPLEXITY

40%
of the patients we treated had four or more diagnoses.



(N = 530)

- One Diagnosis
- Two Diagnoses
- Three Diagnoses
- Four or More Diagnoses

The Adult Mental Health Program is offered as a residential, partial hospitalization (day treatment) program or intensive outpatient program. This program serves individuals with serious behavioral, emotional, family, school and social problems. Typical behavioral health problems treated include:

- Bipolar disorder
- Co-occurring Disorders
- Behavioral disorders
- Sexual/physical abuse
- Post-Traumatic Stress Disorder
- Depression
- Schizophrenia
- Personality disorders
- Anxiety
- ADHD

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WHY CHOOSE US?

1. *Employed Board Certified Psychiatrists On-site*
2. *Licensed Therapists and Certified Addiction Professionals*
3. *24 hour RN On-site*
4. *Dual Licensure for Mental Health and Substance Abuse*
5. *Co-occurring program with a Primary Psychiatric Focus*
6. *7 days/week programming with Individual, Group and Family Therapy*
7. *Wellness Program with state-of-the-art equipment*
8. *Over 45 years of Community Partnership*
9. *Innovative Service Delivery of Quality Programming*
10. *Provider of choice for major insurance companies, including Tricare.*

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Hope within Reach!