

# 2021 Outcomes Summary



**La Amistad**  
Behavioral Health Services

1650 North Park Avenue | Maitland, FL 32751 | 407.647.0660 | lamistad.com

La Amistad Behavioral Health System uses the CQI+ Outcomes Measurement System to monitor outcomes for change in clinical symptomatology and patient satisfaction. We care about ensuring the services we provide result in quality outcomes for our patients.

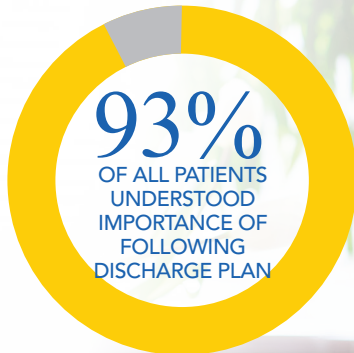
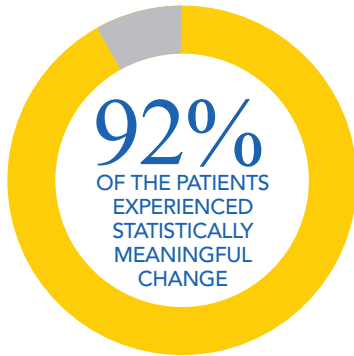
## CYCLE OF TREATMENT SUCCESS



La Amistad's outcome measures and improvement were examined and compared to similar programs in the CQI+ database.

FOR QUESTIONS, REFERRALS OR TOURS,  
PLEASE CALL (407) 647-0660.

# ADULT RTC PROGRAM



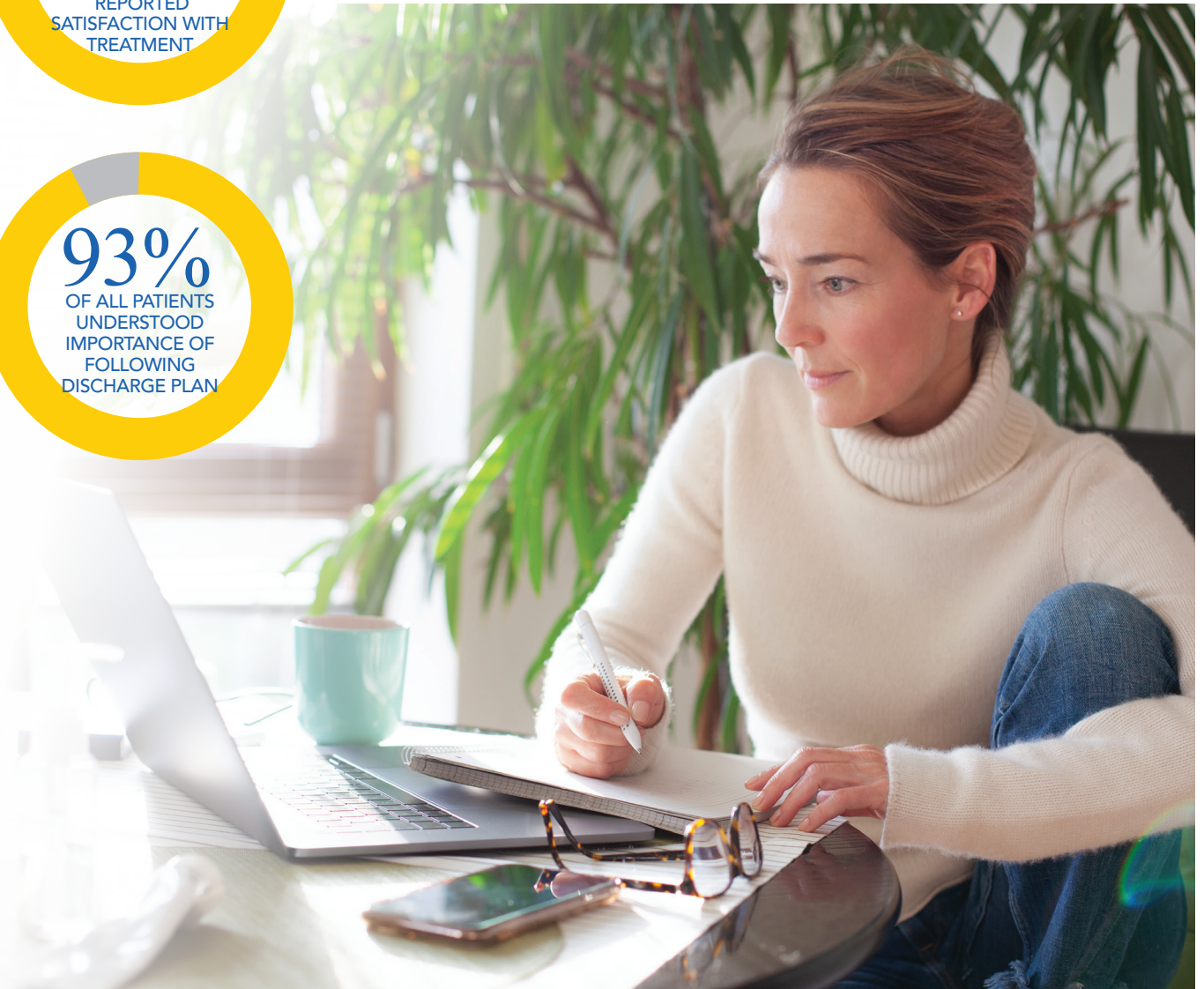
## BASIS 32

ADMISSION

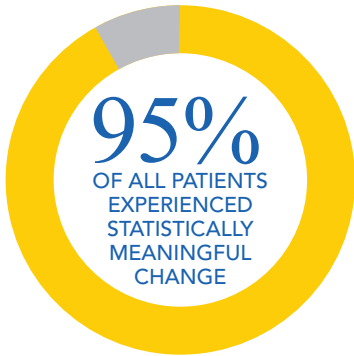
1.1 (N=440)

DISCHARGE 0.6 (N=388)

Behavior And Symptom Identification Scale (BASIS-32): a survey to assess the degree of difficulty experienced by the patient before, during and after care . The total scores range from 0 to 4, with higher scores indicating greater severity. Change scores range from -4 to +4, with higher scores indicating greater improvement. 92% of patients showed statistically meaningful improvement.



# ADOLESCENT RTC PROGRAM



## CABA-Y

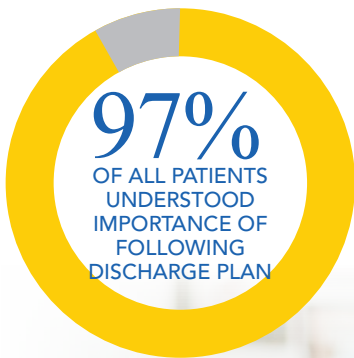
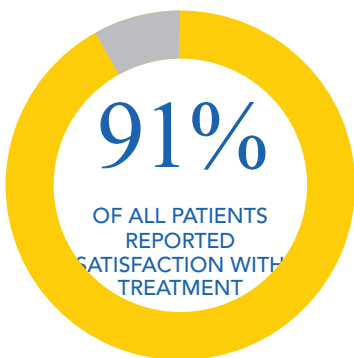
ADMISSION

1.0 (N=314)

DISCHARGE 0.3 (N=297)



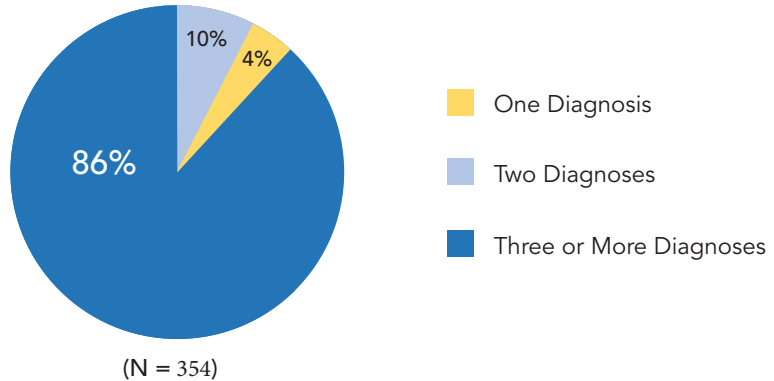
Child and Adolescent Behavioral Assessment Youth (CABA-Y): A questionnaire to assess problem behaviors based on patient responses. The total scores range from 0 to 3, with higher scores indicating greater severity. Change scores range from -3 to +3, with higher scores indicating greater improvement. 85% of patients showed statistically meaningful improvement.



# DIAGNOSTIC COMPLEXITY

## ADOLESCENT

**86%**  
of the patients we treated had three or more diagnoses.



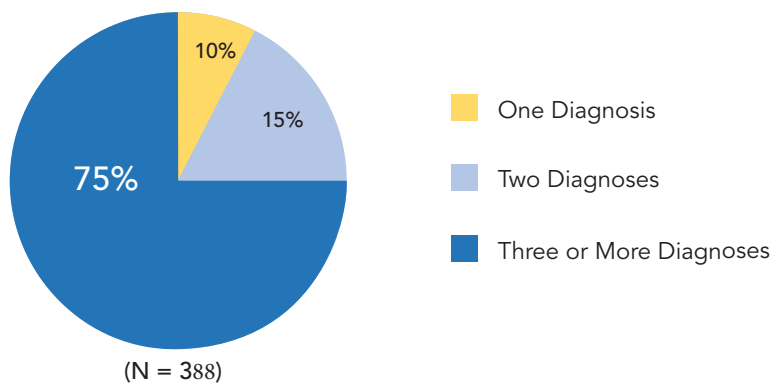
La Amistad Behavioral Health Services' Adolescent Residential Treatment Program for adolescents ages 12 through 17 (6<sup>th</sup> grade through 12<sup>th</sup> grade) is a comprehensive program to re-establish healthy adolescent behavior while developing a successful transition back into the family, home, school and community. This program is designed to deal with adolescent behavioral health issues and educational needs. We place emphasis on helping the adolescent identify their emotions and correct the actions that have created problems. Through this discovery process, adolescents can learn to accept responsibility for their behavior and develop healthy interaction with others. A behavioral program and level system reinforce positive feedback and encouragement for progress.

The Adolescent Program is offered as a residential or partial hospitalization (day treatment) program. This program serves individuals with serious behavioral, emotional, family, school and social issues. We can treat:

- Bipolar Disorder
- Dual diagnosis (substance use)
- Behavior disorders
- Sexual/physical abuse
- Trauma
- Depression
- Schizophrenia
- Personality disorders
- Anxiety
- School issues
- ADHD

## ADULT

**75%**  
of the patients we treated had three or more diagnoses.



The Adult Mental Health program is offered as a residential or partial hospitalization (day treatment) program or intensive outpatient program. This program serves individuals with serious behavioral, emotional, family and social issues. We can treat:

- Bipolar disorder
- Substance use
- Sexual/physical abuse
- Post-traumatic stress disorder
- Depression
- Borderline personality disorder
- Schizophrenia
- Personality disorders
- Anxiety
- ADHD

# REFERRAL SOURCE OUTCOMES

## La Amistad's team

works closely with the professional community for a seamless transition into treatment and at discharge so the patient receives ongoing services and support that are important for the recovery process to be successful.

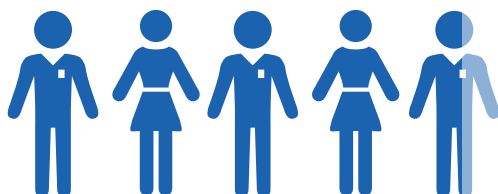
98%

WOULD REFER AGAIN  
OR RECOMMEND LA AMISTAD

98%

SAID THE PROGRAM WAS  
HELPFUL TO THEIR CLIENT

# PATIENT SATISFACTION OUTCOMES



On a scale of 1 to 5, our patients said:

4.6

I feel better now than  
when I was admitted

4.5

Overall I was very  
satisfied with my  
treatment

# WHY CHOOSE LA AMISTAD?

- Over 50 years of community partnership
- Evidence-based programming
- Board-certified psychiatrists on-site
- Licensed therapists and certified addiction professionals
- Registered nurse on-site 24 hours a day
- Dual licensure for mental health and substance use treatment
- Programming with individual, group and family therapy seven days a week
- In network with most insurance companies, including TRICARE®



For assistance, call us today at 407-647-0660.

La Amistad has been serving patients and their families since 1970 with quality, evidence-based behavioral health programs. Our multidisciplinary treatment team includes highly trained psychiatrists, registered nurses, licensed psychotherapists, family therapists, certified recreation therapists and psychiatric technicians trained in Handle With Care techniques. We believe in building healthy communities, which start with healthy individuals, linked through sound relationships to their families, friends, neighbors and peers.



1650 North Park Avenue | Maitland, FL 32751 | 407.647.0660 | lamistad.com



TRICARE® is a registered trademark of the Department of Defense, Defense Health Agency. All rights reserved.

Physicians are on the medical staff at La Amistad Behavioral Health Services but, with limited exceptions are independent practitioners who are not employees of La Amistad Behavioral Health Services.

The facility shall not be liable for actions or treatments provided by physicians.

Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations.

For language assistance, disability accommodations and the non-discrimination notice, visit our website.

211021-1636 05/21